

HOW TO BOOK A UCC SHORT COURSE ON THE UCC ONLINE SHOP

1. Once you select **Register Now on the UCC Shop** on your course webpage, you will connect to the booking page, as below. Click **Add to Basket**.



- ADULT CONTINUING EDUCATION
- ASIAN STUDIES
- AUDIO VISUAL
- CAREER SERVICES
- CHEMISTRY
- CLASSICS
- COMPUTER SCIENCE
- CONFUCIUS INSTITUTE
- CONTINUING PROFESSIONAL DEVELOPMENT CPD
- DENTAL SCHOOL
- DEPARTMENT OF THEATRE
- FITU
- FRENCH
- GEOGRAPHY
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- GOVERNMENT AND POLITICS
- INCOMING MEDICAL ELECTIVE APPLICATION



BRAIN HEALTH

Protected: Brain Health (Short Course)

€170.00

1 ADD TO BASKET

♥ Add to wishlist

Quick Overview

Brain Health is a 6 week short course taught by Dr Denis Staunton.

7pm-9pm | 30 September – 11 November

Location- Western Gateway Building, Room G13, UCC.

Closing date for applications: 28th of August 2024.

Course Overview:

The human brain is the most amazing, mysterious and complicated organ. Keeping it healthy is critical to our sense of well-being, especially as we age. It is like a muscle and when it is used, we feel a sense of balance, control and harmony.

Not long ago it was thought that the brain grew in childhood and once it reached maturity remained more or less stable before deteriorating somewhat with age. We now know that this view of the 'static' brain is out of date. The brain is a superb instrument and its greatest delight is to work properly. The old saying 'use it or lose it' certainly applies.

In recent years brain scientists have drawn our attention to some remarkable discoveries on how the brain has the capacity to change. It is a plastic, living organ that can actually change its own structure and function, even into old age. Every time we have a new experience or learn a new skill our brain



2. If you are buying just one course, go to the **Cart** on the top right-hand corner of your computer screen and click to view your purchase details.



UCCShop .ie

ACCESSORIES BOOKS CLOTHING GIFTS ONLINE BOOKINGS SPORTS UNISALON FIND YOUR SCHOOL

ADULT CONTINUING EDUCATION

ASIAN STUDIES

AUDIO VISUAL

CAREER SERVICES

CHEMISTRY

CLASSICS

COMPUTER SCIENCE

CONFUCIUS INSTITUTE

CONTINUING PROFESSIONAL DEVELOPMENT CPD

DENTAL SCHOOL

DEPARTMENT OF THEATRE

FITU

FRENCH

UCC ACE
Coláiste na hOllscoile Corcaigh
University College Cork, Ireland
ADULT CONTINUING EDUCATION AT UCC

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3. If you are happy with your purchase details, click **Proceed to Checkout**. (Please ignore the coupon box unless you have a reduction code, relevant to UCC staff only and for a limited number of other cases.)

The screenshot shows the UCCShop.ie website interface. At the top, there is a navigation bar with links for 'FAQS', 'Payment & Returns', 'Delivery', 'Contact Us', and 'Vendor Login/Register'. Below this is the UCCShop.ie logo and a secondary navigation bar with categories: 'ACCESSORIES', 'BOOKS', 'CLOTHING', 'GIFTS', 'ONLINE BOOKINGS', 'SPORTS', 'UNISALON', and 'FIND YOUR SCHOOL'. There are also icons for search, user profile, shopping cart, and a heart icon.


The main content area features a banner image of a diverse group of students wearing UCC apparel. Below the banner is a 'Cart' section. The cart contains one item:

Product	Price	Quantity	Subtotal
Brain Health (Short Course)	€170.00	1	€170.00

Below the cart item is a 'Coupon code' input field and an 'APPLY COUPON' button. To the right of the cart is a 'Cart Totals' section showing a 'Subtotal' of €170.00 and a prominent red 'PROCEED TO CHECKOUT' button. A large green arrow points to this button from the right side of the page.

At the bottom of the page, there is a red banner with the text: 'Everything you need from UCC' and 'Students, alumni, and visitors can stock up on the latest University College Cork apparel and gear when they shop the official UCCShop.ie'. To the right of the text is an image of three smiling students.

4. On the **Checkout** page, enter your billing details. Click the Terms and Conditions box and then click **Place Order**.



Checkout

Returning customer? [Click here to login](#)

Billing Details

First Name * **Last Name ***

Company Name (optional)

Country / Region *

Street address *

Town / City *

County *

Eircode (optional)

Phone *

Email Address *


Create an account?

Your Order




Product	Subtotal
Brain Health (Short Course) x 1	€170.00
Subtotal	€170.00
Coupon: acecoupontest	-€170.00 [Remove]
Total	€0.00

I have read and agree to the website [terms and conditions](#) *

PLACE ORDER



4a. Now choose your payment method, either debit or credit card, or PayPal. Enter your detail and click **Buy Now**.

<p>First Name * Regina</p> <p>Last Name * Sexton</p> <p>Company Name (optional) UNIVERSITY COLLEGE CORK, WESTERN ROAD</p> <p>Country / Region * Ireland</p> <p>Street address * Western Road</p> <p>Cork</p> <p>Town / City * Cork</p> <p>County * Cork</p> <p>Eircode (optional) T12EH31</p> <p>Phone * 0214904000</p> <p>Email Address * shortcourses@ucc.ie</p> <p><input type="checkbox"/> Create an account?</p>	<p>Subtotal €300.00</p> <p>Total €300.00</p> <p>Have a coupon? Click here to enter your coupon code</p> <p>If you have a coupon code, please apply it below.</p> <p>Coupon code <input type="text"/> APPLY</p> <p>PayPal </p> <p> Click the PayPal button below to process your order.</p> <p><input checked="" type="checkbox"/> I have read and agree to the website terms and conditions *</p> <p>PayPal</p> <p><input type="checkbox"/> Debit or Credit Card</p> <p>Card number <input type="text"/></p> <p>Expires <input type="text"/> CSC <input type="text"/></p> <p>Mobile <input type="text"/> +353</p> <p>Buy Now</p>
<p>Order Notes (optional)</p> <p>Include a note about your order. Please do not include delivery messages such as 'leave the parcel with the neighbour' as we cannot put messages on the packages.</p>	

5. Your order will be confirmed and you will receive an **Order Number** with the date of purchase. Please retain this number for refund purposes. You will also receive a confirmation email from **UCC Shop (New Customer Order)** with your order details. Please also retain as proof of purchase.

Please note: if you are buying a course as a gift or for someone other than the payee, you will be asked at this point to supply the details of the person who will be attending the course.

UCCShop .ie

ACCESSORIES BOOKS CLOTHING GIFTS ONLINE BOOKINGS SPORTS UNISALON FIND YOUR SCHOOL

Checkout

Thank you. Your order has been received.

ORDER NUMBER:	DATE:	TOTAL:
84375	25 July 2024	€0.00

Order details

Product	Total
Brain Health (Short Course) × 1	€170.00
Registration will go here	
Subtotal:	€170.00
Discount:	-€170.00
Total:	€0.00

Billing address

Regina Sexton
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shortcourses@ucc.ie