



20
Years of PHM

Psychology, Health and Medicine Conference 2024

From Foundations to Futures



School of Applied Psychology
Síceolaíocht Fheidhmeach



the british
psychological society
division of health psychology
northern ireland

Table of Contents

| | |
|--------------------------------------|----|
| Conference Chairs Welcome | 2 |
| Welcome from the PSI DHP Chair | 3 |
| Programme Overview | 4 |
| Full Programme..... | 5 |
| Poster Presentations | 11 |
| Keynote Speakers..... | 14 |
| Lunchtime Events..... | 16 |
| Patient and Public Involvement | 18 |
| Conference Information | 19 |
| Acknowledgments..... | 21 |

Welcome to the 20th Annual Psychology, Health and Medicine Conference

Dear Delegates,

We are delighted to welcome you to the 20th Annual Psychology Health and Medicine Conference, hosted this year by the School of Applied Psychology, University College Cork.

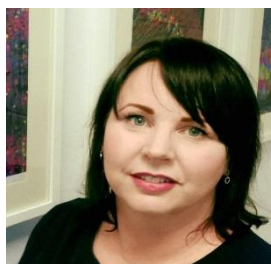
The theme of the conference for this year is 'From Foundations to Futures'. We have encouraged presenters and delegates to reflect on core values and traditions in the field and how they respond to the health challenges we are facing in the current decades. The 20th conference marks an exciting and commendable milestone for the Division of Health Psychology in the Psychological Society of Ireland, and the British Psychological Society in Northern Ireland Branch. Looking back over the last 20 years of Health Psychology in Ireland, the discipline has grown considerably, and responded to current and future challenges, both in the Irish health context and internationally. We are sure you will agree that the quality and diversity of research presented at this year's conference indicates the strength of the field of health psychology in Ireland, and potential for its future.

This year, we want to support opportunities to connect with new people and new ideas. Our parallel sessions, lightening talks and poster presentations are intended to ensure delegates engage with the breadth of research taking place across the multiple domains of health psychology. We have two exciting social sessions during the lunchtime break to foster further discussion on the wider impact of health psychology in Ireland. Finally, we are so excited to hear from our Keynote Speakers, Professor Anna Whittaker and Professor Frank Doyle, who are sure to provoke discussion on some of the core challenges regarding methods and applications facing the future of health psychology research.

The success of PHM, this year and for the previous two decades, is down to the commitment and dedication of the health psychology community in Ireland. We would like to take this opportunity to express our sincere thanks to the local organising committee, scientific committee, student volunteers, and the Psychological Society of Ireland Division of Health Psychology, who made the process of organising the conference seamless and fun!

Welcome to PHM 2024, and we hope you enjoy your time in Cork.

Dr Samantha Dockray and Dr Sarah Foley



Welcome to the 20th Annual Psychology, Health and Medicine Conference

Dear Delegates,

The Psychological Society of Ireland Division of Health Psychology (PSI DHP) are very pleased that the 20th Psychology Health and Medicine Conference is being held in University College Cork in 2024. The PSI DHP are grateful to the Conference Organising Committee for their excellent work in organising an interesting, insightful and inclusive conference this year. We are also very happy to see the breadth of high-quality health psychology research reflected in the presentations yet again this year. The PSI DHP is committed to supporting and advocating for the health psychology research and practice in Ireland.

As a Division, we engage in a range of activities to promote health psychology, and to support our members and health psychology students across Ireland. For instance, the PSI DHP award annual membership and travel bursaries, as well as postgraduate and early career awards. You will hear more about these during this year's conference! For more information on the PSI DHP please contact us at health@psychologicalsociety.ie, view our webpage on the “Groups” section of the PSI website, follow us on X (formerly twitter) @PSI_DHP, or come chat to any of the PSI DHP committee during the conference.

Dr Karen Matvienko-Sikar

Chair of the PSI DHP



Programme Overview

Friday 31st May

| | |
|--------------|---|
| 9.00 | Registration <i>Boole Basement Foyer</i> |
| 9.30 | Welcome Addresses <i>Boole 3</i> |
| 9.45 | Keynote Address from Professor Frank Doyle <i>Boole 3</i> |
| 10.45 | Poster Sessions <i>Boole 5 & 6</i> |
| 11.15 | Parallel Session 1 <i>Kane Building G.01, G.02 & G.18</i> |
| 12.30 | Lunch <i>Main Restaurant</i> DHP AGM (12.40 – 13.40pm) <i>Kane Building G.20</i> Lunchtime events (1.15 – 1.45pm) <i>Kane Building G.01 & G.02</i> |
| 13.45 | Lightning Talks <i>Kane Building G.01, G.02 & G.18</i> |
| 14.20 | Parallel Session 2 <i>Kane Building G.01, G.02 & G.18</i> |
| 15.25 | Posters <i>Boole 5 & 6</i> Comfort Break <i>Boole Basement Foyer</i> |
| 16.05 | Keynote Address from Professor Anna Whittaker <i>Boole 3</i> |
| 17.00 | Awards and Closing Ceremony <i>Boole 3</i> |

Full Programme

9.00–9.30

Registration

Boole Basement Foyer

9.30–9.40

Welcome Addressees

Dr Chris McCusker, Head of School of Applied Psychology, UCC
Dr Karen Matvienko-Sikar, Chair of Psychological Society of Ireland's Division of Health Psychology

Boole 3

9.45-10.45

Keynote Address

Professor Frank Doyle:
The Good, the Bad and the Ugly – A Psychometrics Story

Chair: Dr Sarah Foley

Boole 3

10.45-11.15

Poster Sessions

Boole 5 & 6

Refreshments

Boole Basement Foyer

11.15-12.30 **Parallel Session 1**

P1: Maternal, Reproductive, Child & Adolescent Health

Chair: Dr Louise Foley
Kane Building G.18

P2: Psychobiology, Identity & Health

Chair: Dr David Byrne
Kane Building G.01

P3: Healthcare & Health Interventions

Chair: Eanna Kenny
Kane Building G.02

| | | | |
|-------|--|---|--|
| 11.15 | Workplace experiences of early pregnancy loss in Ireland: A mixed-methods survey study <i>Ruadh Kelly-Harrington</i> | Chronic stress, sex and antibody response to vaccination <i>Stephen Gallagher</i> | Supporting GPs and people with hypertension to maximise medication use to control blood pressure: A pilot cluster RCT of the MIAMI intervention <i>Eimear Morrissey</i> |
| 11.30 | Sharing, Support-Seeking and Managing Safety: A Qualitative Study of Online Experiences after Pregnancy Loss <i>Stephanie Murphy</i> | Variations in Suicidality Across Multiple Social Identities in Asexual People: An Intersectionality Analysis <i>Sinead Kelleher</i> | Neuropsychology Intervention for Managing Invisible Symptoms of Multiple Sclerosis (NIMIS-MS) Group: Evaluation of effectiveness, acceptability and feasibility pilot study <i>Fiadhnaid O'Keeffe</i> |
| 11.45 | When that 'time of the month' is not just at that time of the month: a systematic review of psychosocial risk factors for PMS/PMDD symptom severity <i>Samantha Trevaskis</i> | Family identification is a protective resource for people with eating disorders because it ameliorates feelings of loneliness <i>Niamh McNamara</i> | ISCycle: Examining the effect of an ebike loan intervention on transport behaviour in an urban area in Ireland <i>James Green</i> |
| 12.00 | Body Image, Puberty and Emotions. A systematic review on the relationship between body dissatisfaction, emotion regulation and pubertal changes <i>Isabella Muscolino</i> | Social Group Memberships, Cortisol Awakening Response, Psychological Well-being, and Academic Performance During the Transition to University <i>Siobhán Griffin</i> | The training and implementation of the Collaborative Assessment and Management of Suicidality Framework in Student Counselling Services: a mixed method evaluation <i>Grace Phillips</i> |
| 12.15 | Age of onset of youth self-harm: A scoping review <i>Daisy Wiggin</i> | Exploring Cardiovascular Responses in the Context of Religiosity and Spirituality <i>Ailbhe Dempsey</i> | Beyond the Scale: A qualitative exploration of weight stigma in general practice <i>Leona Ryan</i> |

12.30-13.45 **Lunch**

Main Restaurant

12.40-13.40 **PSI DHP Annual General Meeting**

Kane Building G.20

13.15-13.45 **Lunchtime Events**

In conversation with...Professor Orla Muldoon & Eadaoin Whelan

In celebration of the launch of the new book 'The Social Psychology of Trauma: Connecting the Personal and the Political'

(For more information, see [page 16](#))

Kane Building G.01

ISCHP 2025 conference introductory session with Dr Chris Noone

International Society for Critical Health Psychology 2025 hosted by University of Galway

(For more information, see [page 17](#))

Kane Building G.02

13.45-14.15 **Lightning Talks**

| Room 1 | Room 2 | Room 3 |
|--|---|--|
| <p>Chair: Dr Siobhán Griffin <i>Kane Building G.18</i></p> | <p>Chair: Márcia Carvalho <i>Kane Building G.01</i></p> | <p>Chair: Dr James Green <i>Kane Building G.02</i></p> |
| <p>Examining existing experiences of menstrual health education in Ireland, in order to improve menstrual health literacy <i>Cara Rita Cronin</i></p> | <p>Depression, Anxiety, Systemic Inflammation and Somatic Symptoms in Adolescence: Evidence from the ALSPAC Study <i>Jennifer Cooney-Quane</i></p> | <p>Optimising digital cardiac rehabilitation (OsCaR) using the Multiphase Optimization Strategy: A mixed-methods feasibility study <i>Eanna Kenny</i></p> |
| <p>“Stigma, shame, lack of compassion”. A Mixed Methods Study Looking at Menstruation Knowledge and Attitudes in Ireland <i>Laoise Kelly</i></p> | <p>Utilising an Engaged Research Approach to Optimize the Development of Tools for Assessing Caregiver ‘Knowledge-Seeking’ and ‘Engagement’ in Juvenile Type 1 Diabetes Illness Management <i>Vivienne Howard</i></p> | <p>Impact of Cardiovascular Imaging on Medication Adherence: A Systematic Review and Meta-Analysis <i>Reindolf Anokye</i></p> |
| <p>Tailoring strategies to support the implementation of Dose Adjustment for Normal Eating (DAFNE), a group patient education programme for adults with type 1 diabetes <i>Ana Contreras Navarro</i></p> | <p>“I felt like I was missing ‘me’”: Long-term experiences of intrapersonal loss, grief and change in adults with an acquired brain injury <i>Susan Mac Conaill</i></p> | <p>Virtual Humans: Enhancing GP Training in Weight-Based Conversations <i>Leona Ryan</i></p> |
| <p>Using the Behaviour Change Wheel framework to design a Behaviour Change Intervention to Address Behavioural Risk Factors for Stillbirth <i>Tamara Escanuela Sanchez</i></p> | <p>Exploring Adults with Muscular Dystrophy Lived Experiences of Health-Related Quality of Life: A Qualitative Study <i>Brona Mulligan</i></p> | <p>Exploring Patient Acceptability of an Online Hypertension Self-Management Education Programme Using the Theoretical Framework of Acceptability: A Qualitative Study <i>Rebecca Trower</i></p> |
| <p>Investigating Methods of Calculating Pubertal Timing and Pubertal Tempo: A Systematic Review <i>Jen O’Shea</i></p> | <p>Teachers Perceptions of the Education of Menstruation in second level schools in Ireland <i>Aoife Daly</i></p> | <p>Burnout in Infection Control Practitioners During Public Health Crisis Events: A Mixed Methods Systematic Review Protocol <i>Sinead Creedon</i></p> |

| | | | |
|-------------|--|---|---|
| | Perinatal stress and anxiety in Ireland: Sources, experiences, and support needs <i>Eibhlin Looney</i> | Measuring menstrual health literacy: Developing a preliminary psychometric scale <i>Sinéad Gallivan</i> | Experiences of Newly Arrived Migrants Attending General Practitioner (GP) Services in the Republic of Ireland <i>Anna Kulig</i> |
| | Daily Activities and Allostatic Load in Adolescence: Evidence from ALSPAC <i>Eadaoin Whelan</i> | | Student experiences of health psychology in the US (STEP-US): A mixed methods study <i>Jenny Mc Sharry</i> |
| 14.20-15.20 | Parallel Session 2 | | |
| | P4. Methods & Methodology Chair: Dr David Healy <i>Kane Building G.18</i> | P5. Health interventions & Health Care 2 Chair: Dr Eimear Morrissey <i>Kane Building G.01</i> | P6. Chronic Conditions Chair: Dr Niamh McGrath <i>Kane Building G.02</i> |
| 14.20 | Selective outcome reporting in trials of behavioural health interventions in health psychology and behavioural medicine journals <i>Karen Matvienko-Sikar</i> | Exploring the meaning and function of daily ebike trips during a behaviour change intervention: a data-prompted interview study <i>Louise Foley</i> | Factors influencing medication adherence among older adults with anxiety or depression: A cross-sectional study using data from the Mitchelstown Cohort Rescreen Study 2015 <i>Edel Burton</i> |
| 14.35 | Perspectives on when advanced psychometrics matter, and when they don't <i>David Byrne</i> | A qualitative study on the experiences of autologous haematopoietic stem cell transplant for Multiple Sclerosis <i>Laura Davenport</i> | "They can't make me breathe, that's the only problem I have". Living with COPD in Ireland– A qualitative study <i>Jennifer Deane-King</i> |
| 14.50 | Understanding Fidelity in the Process Evaluation of EQUIPD: A Quality Improvement Intervention for Diabetes Care <i>Elaine O'Halloran</i> | Exploring the Efficacy: A Mixed-Method Process Evaluation of a Behaviour Change Intervention in Australian Adults <i>Reindolf Anokye</i> | Self-Management of Long-Term Physical Conditions during Emerging Adulthood <i>Orla Mooney</i> |
| 14.05 | What drives success in long-lasting collaborations between health researchers and diverse ethnic communities? A Rapid Review <i>Chris Noone</i> | Understanding behaviour change maintenance after attending a type 2 diabetes structured education programme: A longitudinal qualitative study <i>Márcia Carvalho</i> | Exploring the associations between long-COVID and mental health in Irish adults <i>Aundria Cameron</i> |

15.20-16.05 **Posters**

Boole 5 & 6

Comfort Break

Boole Basement Foyer

16.05-17.00 **Keynote Address**

Professor Anna Whittaker:

Psychology, Ageing, Frailty and the Immune System – Can Physical Activity help?

Chair: Dr Samantha Dockray

Boole 3

17.00-17.15 **Awards & Closing Ceremony**

Psychological Society of Ireland Division of Health Psychology Chair

Dr Karen Matvienko-Sikar

Boole 3

Poster Presentations

Impact of vascular screening interventions on health beliefs and behavioural intentions: A narrative review

Reindolf Anokye

Navigating Cognitive Load in neurosurgical environments: Narrative Literature review and user-centred design approach

Mark Brady

The experience of the bodily self and its relationship to sexual dysfunction and well-being in people with Multiple Sclerosis

Erin Breheny

The Psychological Distress of Skin Cancer Patients: A cross-sectional evaluation of psychological distress among Irish Patients

Brendan Byrne

The Experience of Women Living with Vaginismus: A Qualitative Study

Amy Cachia

Factors associated with sensory processing sensitivity in caregiving contexts: A systematic review and meta-analysis

Tadgh Connery

A Quantitative Examination of Death Anxiety and Sensory Processing Sensitivity using Online Survey Methodology

Tadgh Connery

How are Self-Determination Theory Techniques Implemented in Health Behaviour Change Interventions across Different Modes of Delivery: A Scoping Review in Progress

Eva Cooney

Healing Together: Family Engagement in Trauma Rehabilitation Meetings

Rebekah Corscadden

Engaged in What?: A machine learning approach to determine what types of engaging activities are most relevant to cognitive performance and can buffer cognitive decline among participants in the Irish Longitudinal Study on Ageing (TILDA)

Niall Costello

Giving Menopause a Make-over? An Analysis of Changes in Online Imagery of Menopause between 2012 and 2023

Nyah Curcuruto

Childhood Adversity, Timing of Puberty and Anxiety: A Longitudinal Cohort Study

Laura Dempsey

Examining the role of voluntary reciprocal altruism and social identity in enhancing intentions to donate blood among young non-donors: an experimental study.

Caoimhin Duffy

The Relationship Between Self-regulation and Weight Status in Children and Adolescence

Rasmus Elrum

Assessing the Impact and Implementation of a Healthy Relationships Program in the Women's Prison, Limerick: A Social Identity Approach

Lynn Fenton

Healthcare Professionals' Knowledge, Education, Training, and Accuracy in Carrying Out Decision-Making Capacity Assessments: A Scoping Review Protocol with Preliminary Findings

Lorna Gurren

Experience of recovery-oriented music therapy for long-term attendees' of an adult mental health service: A mixed-methods study

Ruadh Kelly-Harrington

Trait Mindfulness, Psychological Distress and Cardiovascular Reactivity to Acute stress: An Exploratory Study

Eve Larkin

The effects of online psychosocial interventions for informal caregivers of people with dementia on caregiver burden and self-efficacy: A systematic review and meta-analysis

Qiuxia Li

Meat Consumption and Climate Concern in College Students: Motivations, Barriers and Beliefs about Behaviour Change

Jack McCarthy-Lidholm

Portraits of Puberty: A Content Analysis of the Online Imagery of Puberty

Andrea Marshall

Social Group Membership and Cardiovascular Adaptation to Stress

Grace McMahon

Partners' influences on women's experiences of living with and managing GDM: A Qualitative Evidence Synthesis

Fay O'Donoghue

Were you ready? A qualitative study examining reflections from women in Ireland on menstrual education

Kimberly Ogun

“This is real”, “this is hard” and “I’m not making it up”: Experience of diagnosis and living with nonepileptic attacks

Fiadhait O’Keeffe

The language used around diabetes: A qualitative study focusing on the experiences of people living with type 1 and type 2 diabetes in Ireland

Ellie Patterson

Identity, adjustment, and wellbeing for LGBTQ+ students in amalgamated secondary schools: An overview of research in progress

Luke Slattery

Cognitive reserve in multiple sclerosis: The role of MS-impact, fatigue, depression, and anxiety

Clara Stein

Effects of Intimate Partners’ Support on Perinatal Maternal Health Behavioural Outcomes: A Systematic Review

Xin Su

What makes a happy blue space?

Jessica Twomey

Keynote Speakers



Professor Frank Doyle

*Royal College of Surgeons in Ireland
University of Medicine and Health Sciences*

Associate Professor in Psychology

Professor Frank Doyle is Associate Professor in Psychology in RCSI. He coordinates and teaches behavioural sciences and statistics to health professionals at both undergraduate and postgraduate levels. His wide-ranging research interests include depression, psychometrics, health behaviours and complex interventions and he has published over 100 peer-reviewed articles in these areas. Professor Doyle was Chair of the Division of Health Psychology from 2013-2015, and 2017-2018, and is a Fellow of the Psychological Society of Ireland since 2019. He was elected as a Fellow of the European Health Psychology Society in 2022.

Professor Doyle's talk is titled:

The Good, the Bad and the Ugly – A Psychometrics Story

Psychometric assessment is an integral part of social and clinical sciences, with multiple sophisticated statistical techniques developed to evaluate psychometric scales, including factor analysis, item response theory and network analysis. This talk will use Dima's (2018) six-step protocol for psychometric evaluation as a framework to tell a (non-technical) story about the strengths and weaknesses of these approaches, drawing on findings from our own and others' work, and how a discussion about this framework ultimately led to the fundamental question: Does applying advanced psychometric techniques actually matter? Prof Doyle will then reveal the findings of an Irish Research Council COALESCE Award which supported a mixed methods evaluation into this question, using secondary data from antidepressant trials and interviews with key stakeholders, before outlining key recommendations for (health) psychologists.

Keynote Speakers



Professor Anna Whittaker

*Faculty of Health Sciences and Sport
University of Stirling*

Professor of Behavioural Medicine

Professor Anna Whittaker received the Herbert Weiner Early Career Award 2010 from the American Psychosomatic Society in recognition of importance and sophistication of research for this career stage. Professor Whittaker also won the Neal Miller Early Career Award from the Academy of Behavioral Medicine Research 2010 - a very prestigious award to research. In 2011 she became the inaugural winner of the award for outstanding contributions to research from the British Psychological Society Division of Health Psychology. In 2014 she received the Stress and Anxiety Research Society's Early Career Award for her research on stress and anxiety. In 2016 she was recognised as a Fellow of the British Psychological Society and in 2019 she was recognised as a Senior Fellow of the Higher Education Academy. Since joining the University of Stirling in 2019, she has been nominated for Research Culture awards for Outstanding Mentor, Research Leadership and Research Culture Activity.

Professor Whittaker's talk is titled:

Psychology, Ageing, Frailty and the Immune System – can Physical Activity help?

The past few decades of psychoneuroimmunology research have shown increasingly complex associations between psychosocial factors, such as stress and social support, and physical health via effects on the immune system. Ageing can accelerate some of these impacts, acting as a type of stressor to the immune system while, conversely, stress can also accelerate some of the immunological and physiological declines associated with ageing. This keynote presentation will present and discuss research evidence for these mechanisms then pose the question of whether Physical Activity as an intervention can have beneficial effects on the ageing person through impacts on both psychosocial and immune outcomes. Recent evidence, particularly in frail older adults, will be discussed to illustrate that it is never too late to see benefits from increased physical activity.

Lunchtime Event

In Conversation with...

PROFESSOR ORLA MULDOON
SCHOOL OF PSYCHOLOGY
UNIVERSITY OF LIMERICK

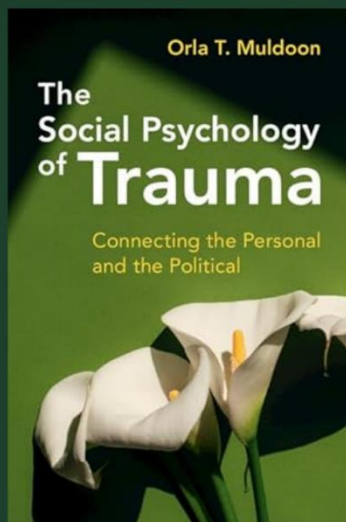


*who will share insights and experiences based on her new book
'The Social Psychology of Trauma'.*

*The conversation will be led by Eadaoin Whelan and
audience engagement is encouraged.*

1.15pm - 1.45pm
Friday, 31 May 2024

Kane Building G.01
University College Cork



The social psychological approach to health highlights how social and cultural forces, as much as individual ones, are central to how we experience and cope with adversity.

In this new book, Professor Muldoon describes the evidence that **traumatic experiences can impact people's political positions and appetite for social change**. This perspective reveals trauma as a socially situated phenomenon linked to power and privilege or disempowerment and disadvantage.

The book proposes a **radical rethink of how stress, trauma and politics become intertwined**.

The book will interest those affected by trauma and those supporting them, as well as students, researchers, practitioners, and policy makers in many areas relevant to human wellbeing and social change.



SCAN ME

This title is available as to download in full/open access on Cambridge Core, by scanning the QR code or via <https://shorturl.at/llUTX>

The book has been open access with thanks to the ERC Grant to Professor Muldoon; a summary of the ERC grant research objectives is here <https://cordis.europa.eu/project/id/884927>

Lunchtime Event



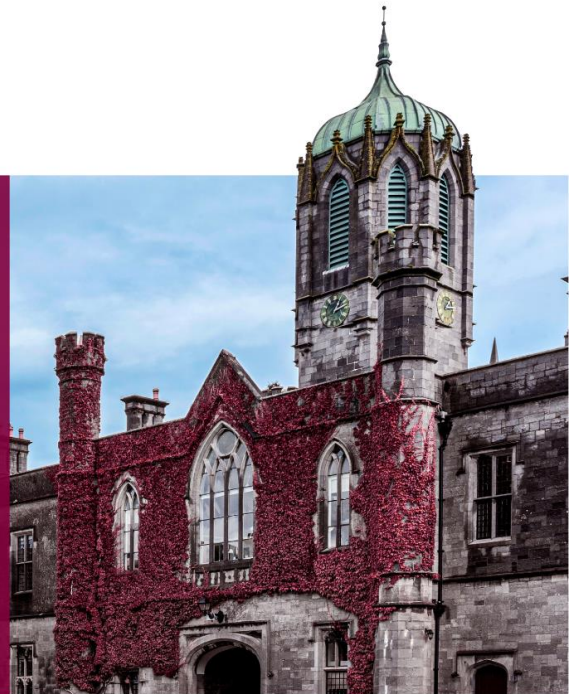
Conference 2025
International Society of
Critical Health Psychology

Conference Theme

'Teorainneacha a chonspóid'

Contesting Borders

July 1-4, 2025
University of Galway
Ireland



Who are critical health psychologists?

Critical health psychologists address not only the psychological but also the social, political, and cultural influences on health and illness, especially for those most excluded in society, and this conference is open to anyone whose interests align with this focus.

Intended audience

The intended audience goes beyond critical health psychologists to include researchers from other fields, healthcare practitioners, policymakers, and members of the public with the aim of sharing and discussing the latest critical health psychology research from early-career, established and citizen scholars.

Conference Objectives

1. Enhance Inclusivity and Equity in Health Research.
2. Facilitate Knowledge Exchange and Networking.
3. Promote Transdisciplinary Collaboration and Global Perspectives.
4. Advance Transdisciplinary Research Methodologies.
5. Support Professional Development and Amplify Voices.

Learn more at PHM 2024

Learn more about this conference at PHM 2024 during our lunchtime talk presented by Dr Chris Noone. Details below.

Register your interest for the conference here:
<https://tinyurl.com/ISCHP2025>
or via the QR code



PHM 2024
Lunchtime talk
1.15pm - 1.45pm
31 May 2024



Kane Building
G.02
University College
Cork

Patient and Public Involvement

Patient and Public Involvement (PPI) can be defined as doing research ‘with’ or ‘by’ members of the public rather than ‘to’, ‘about’ or ‘for’ them. This approach to research has been gaining momentum in recent years, in Ireland and internationally.

Highlighting PPI activities and welcoming people engaged in research as PPI representatives or advocates is now embedded in the PHM conference. To support this, the Division of Health Psychology offers a number of free registration places for PHM to people involved with PPI.

PPI delegates this year come from organisations including Trans Healthcare Action, the Irish Coalition for People Living with Obesity, and Cork Gender Rebels. We are delighted to have their involvement and expertise, and we hope this might lead to some new opportunities for the public, patients, and advocates to collaborate with researchers presenting at and attending the conference.



Dr Kim Keating is the designated point of contact for PPI at PHM 2024. For queries, please contact Kim directly at kkeating@ucc.ie

PPI Ignite Network

Ireland’s PPI Ignite Network brings together stakeholders to build a shared voice for PPI in research in Ireland. At the centre of the PPI Ignite Network are seven Universities who provide the training, support and guidance to help researchers involve public and patients. PPI Ignite also works with the public and patients and with patient and community organisations to help develop a shared understanding of PPI. The PPI Ignite network works toward shared learning, sharing of resources and expertise to support excellence in delivering high quality, meaningful public and patient involvement in health and social care research. You can read more about PPI Ignite at <https://ppinetwork.ie/>

Conference Information

Conference Venue

The conference will take place on the main campus of University College Cork. For details about the campus, including information about parking, transport and catering, please see [the PHM 2024 website](#).

While taking a break from our programme, delegates may wish to explore one of the [UCC Campus Walks](#). The walks feature a short, medium, and long looped route that have been co-developed by [GAP, Students' Union \(Welfare\)](#), UCC Clubs and [Made2Move](#) for each of UCC's three campuses.

Accessibility

We are committed to providing an accessible and inclusive experience for all delegates at the PHM 2024 conference. We have put together an accessibility pack for delegates featuring information about accessible facilities at UCC, as well as videos showing the conference venue and nearby facilities. This information will be made available prior to the conference on the [accessibility pack Google Drive](#).

If there are accommodations that we can arrange to help make your experience more comfortable, please do reach out to Siobhán Thomas, the designated point of contact for accessibility. You can contact Siobhán directly by email at siobhan.thomas@ucc.ie

Wi-Fi

Delegates who are already registered on Eduroam at UCC or another higher education institute should connect to the wireless network via Eduroam.

There is also a wireless network for guests and visitors who are not registered on Eduroam. Information on how to connect will be provided to delegates on the day of the conference.

Social Media

We encourage delegates to share their experiences at PHM 2024 on social media using the hashtag:

 **PHM2024**

Networking

To promote discussion and networking at PHM 2024, we are providing delegates with visual cues that can be used to indicate interest in discussing a variety of research-related topics. You can use these to break the ice and get to know your fellow delegates.

USE YOUR BADGE TO NETWORK!

Is there a research-related topic that you'd like to learn more about? Or maybe a topic that you're already an expert in, and you'd like to share that knowledge with others?

Start those conversations using our colour-coded system!

Each coloured sticker represents a specific topic. At the registration desk, **stick one (or more) stickers on your badge** to let other attendees know that you're open for a chat about that topic.

The topics (and their corresponding colours) are:

| | |
|--|---|
| Public and Patient Involvement  | Research Dissemination Strategies  |
| Postgraduate Research  | Industry Collaboration  |
| Open Science  | Qualitative Methods  |

Contact us

If you have any questions about attending the PHM 24 conference, please do get in touch by emailing us at phm@ucc.ie

Acknowledgments

We would like to express our most sincere thanks to the following people:

Our Keynote Speakers

Professor Frank Doyle

Professor Anna Whittaker

Opening and Closing Speakers

Dr Chris McCusker

Dr Karen Matvienko-Sikar

Local Organising Committee

Dr Samantha Dockray, Dr Sarah Foley, Dr Reindolf Anokye, Jennifer Cooney-Quane, Dr David Healy, Dr Kim Keating, Dr Sinead Kelleher, Stephanie Murphy, Jen O'Shea, Siobhán Thomas, Eadaoin Whelan

Scientific Committee

Dr David Byrne, Márcia Carvalho, Dr Laura Coffey, Dr Samantha Dockray, Dr Simon Dunne, Dr Louise Foley, Dr Sarah Foley, Dr Stephen Gallagher, Dr David Healy, Dr Kim Keating, Dr Rebecca Maquire, Dr Karen Matvienko-Sikar, Dr Marian McLaughlin, Dr Lisa Mellon, Eadaoin Whelan

Session Chairs

Dr David Byrne, Márcia Carvalho, Dr Louise Foley, Dr James Green, Dr Siobhán Griffin, Dr David Healy, Eanna Kenny, Dr Niamh McGrath, Dr Eimear Morrissey

Student Volunteers

Lucy Bruhn, Debra Daly, Conor Farrell, Sarah Houlihan

The Psychological Society of Ireland, and in particular the Committee members of the Division of Health Psychology, for their support in the organisation of the conference