



Traffic Division
Roads and Transportation
Cork City Council

Bike to Work Week: Cycle-to-Work Challenge 24th-31st May 2008

CYCLE TO COMPETE !

The workplace that makes the most effort to promote cycling during Bike-to-Work Week will receive one of the annual CEF Environmental Awards. So take the Cycle-to-Work Challenge and get free publicity and in-house prizes for participants!

How??

To enter we *suggest* ** that Employees **form groups of 2-4** preferably including a mix of regular and irregular or novice cyclists.

Each team member **records how many miles** they cycle each day during the week which can be displayed on a chart at work.

Results can also be submitted to the City Council for upload on-line.

All workplaces entering should register by May 16th by phoning 021 4924452 or by e-mailing traffic@corkcity.ie.

We can help! :

We are offering **free use of rented bikes** for the week[†] to those who'd like to try a new bike. Numbers of bikes are limited-so book early!!

All workplaces participating in can have their company profile uploaded on the website and employers may also apply for a range of bicycle accoutrements to support employees who make the extra effort...

e.g. bells, helmets, lights, pedal counters etc.

Booking closes on May 16th.

** Other approaches are eligible if they can demonstrate that Bike-to-Work Week has been taken up positively by your workplace!



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**Bike to Work Week:
Cycle-to-Work Challenge
24th-31st May 2008**

The "Cycle-To-Work Challenge" Registration Form:

(One Form per participant)

Name: _____

Team-Name: (Make one up! Prize for the funniest ☺)

e.g. "Riders of the Storm" "The Bike Boys" "The Heels on Wheels" etc.)

Work Place: _____

Address/Phone/E-mail contact details: _____

Cycling Experience: *How often do you normally cycle?*

Never A few times a year Monthly Weekly Daily Other/Specify:

Do you need to use book a bike **?: _____

